



SESSION 5: WORSHIP

Mitchell Berean Church

Healthy, Unified and Firing on All Cylinders

Cylinder 1: Worship / Affection

We radically commit to GATHER
and holding nothing back,
we will FOCUS our affection on
the only, one true, worthy God.



Open in Prayer

Pre-Video Scripture

Hebrews 10:23-25 "Let us hold tightly without wavering to the hope we affirm, for God can be trusted to keep his promise. Let us think of ways to motivate one another to acts of love and good works. And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near."

Mark 12:30 "And you must love the Lord your God with all your heart, all your soul, all your mind, and all your strength."

Watch the Video Together

Video is found on RightNow Media, YouTube and mitchellberean.com/bethechurch/

Small Group Discussion

Read Mark 12:30 again.

HEART

Heart is the seat of your emotion and affection: Love God with all your emotion.

*"Worship is an act that develops feelings for God,
not a feeling for God that is expressed in an act of worship."*

—Eugene Peterson

What helps you keep your emotions and your affections surrendered to God?

How do you make sure your emotions don't pull you away from loving God towards sin?

What has been the most powerful experience or behavior that causes you to feel love for God?

SOUL

Soul is your Psyche or your personality

In the Myers Briggs personality assessment we discover a healthy side and a dark side to our personality. Our focus on God ensures that we remain living out of the healthy side of our personality and we avoid walking on the dark side. How are you ensuring that you are loving and surrendering the aspects of your personality to God?

Your personality influences everything you do. How do you ensure that your personality is helping you direct your affections at God?

What helps you stay healthy and avoid living out of the dark side of your personality?

What aspect of your personality is most helpful in expressing your love for God?

MIND

Mind refers to our intellect

Philippians 4:4-9 "Always be full of joy in the Lord. I say it again—rejoice! Let everyone see that you are considerate in all you do. Remember, the Lord is coming soon. Are you directing the use of your mind and intellect towards God. Have you surrendered your thoughts to God? Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you."

What are the source of your thoughts? Where do your most dominant thoughts come from?

How do you take every thought captive to God's truth?

What helps you win the battle of keeping your thoughts surrendered to God?

STRENGTH

Strength/Energy/Passion

Philippians 3:16-17 "Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives. Sing psalms and hymns and spiritual songs to God with thankful hearts. And whatever you do or say, do it as a representative of the Lord Jesus, giving thanks through him to God the Father."

Are you demonstrating your love for God with the energy of your life? What is it that you are passionate about or what you are focused on accomplishing in life?

What have you found that helps you focus the energy of your life on God as you do what your most passionate about?

Final Thought

God asks us to keep him at the forefront of our lives so that we don't get off track.

How does keeping God first affect the things you with your life?

Close in Prayer

Pray that God would help us to surrender our heart, soul, mind and strength to God.

Pray for the individual needs within your group.